



across Shropshire and Telford and Wrekin
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www.nationalrail.co.uk



National Rail Enquiries

www.travelshropshire.co.uk

Public transport enquiries

*Accepts Cycle Shropshire Discount Card

Sustrans

Cyclists' Touring Club (CTC)

Perry Cycles - Wellington

The Bicycle Hub in the Park* - Telford

Bicycle Buzz Ltd* - Telford

(mobile mechanic)

Bicycle Repair Services* - Broseley

Bicycles by Design* - Jackfield

Urban Bikes* - Shrewsbury Market Hall

The Trailhead - Shrewsbury

Stan's Cycles* - Shrewsbury

Hawk Cycles - Shrewsbury

Halfords - Shrewsbury

Dave Mellor Cycles* - Shrewsbury

CycleLife Shrewsbury* - Shrewsbury

Cycling contacts

7 Telford Town Park

6 Ironbridge museums

5 Wroxeter Vineyard

4 Wroxeter Roman City

3 Attingham Park

2 Home Farm, Attingham

1 Haughmond Abbey

Attractions

Telford

Wellington Library

Ironbridge

Shrewsbury

www.shropshiretourism.info

Visitor Information Centres

Route 45 National Cycle Network A 200 mile heritage trail



Chester

Whitchurch

Shrewsbury

Ironbridge

Bridgnorth

Bewdley

Worcester

Gloucester

Cirencester

Swindon

Marlborough

Stonehenge

Salisbury



Cheshire West and Chester Council
www.cheshirewestandchester.gov.uk
☎ 0300 123 81 23
Cheshire East Council
www.cheshireeast.gov.uk
☎ 0300 123 55 00

Shropshire Council
☎ 01743 253008
www.travelshropshire.co.uk

THIS LEAFLET

Telford & Wrekin Council
☎ 01952 380000
www.telford.gov.uk

Worcestershire County Council
☎ 01905 765765
www.worcestershire.gov.uk/cms.cycling.aspx

Gloucestershire County Council
☎ 01452 425000
www.gloucestershire.gov.uk

Wiltshire Council
☎ 01225 713404
www.wiltshire.gov.uk



To minimise the hills and headwinds,
follow the route in an anticlockwise
direction.

From the Wyre Forest to Chester the route runs through the former ancient Kingdom of Mercia, once ruled by the powerful Offa, the first man to claim the title of King of England. Look out for the two Mercian Warriors on the Mercian Way through the gorge. Why not try out the recently opened section of Mercian Way between Bridgnorth and Bewdley? This includes some superb traffic-free tracks within the Wyre Forest and in the Severn Valley Country Park (alongside the Severn Valley Railway). From Upton Magna near Shrewsbury, the Mercian Way joins with the National Byway to head north to Whitchurch and Chester.

What is the Mercian Way?

Why not stay a little longer and check out the historical connections? There's a Roman town at Wroxeter (English Heritage), 18th century elegance at Attingham Park (National Trust) and 19th century innovations and inventions at the World Heritage Site at Ironbridge. Museums in and around the Ironbridge Gorge include the Coalbrookdale Museum of Iron, Blists Hill Victorian Town, Coalport China Museum and Tar Tunnel, Museum Of The Gorge, Iron Bridge and Tollhouse, Jackfield Tile Museum, Broseley Pipeworks and Enginuity.



History in the making

MERCIAN WAY



Around the Wrekin

Take the challenge to ride all around the Wrekin or simply enjoy the views from the Mercian Way

Discover Shropshire by bike

It's great to get out and about on a bike in Shropshire. Discover hundreds of miles of National Cycle Network routes along quiet lanes, explore traffic-free trails along old railways and waterways, follow the cycle rides from historic towns and get muddy on mountain bike tracks in woods and forests.



www.travelshropshire.co.uk

Shropshire Council

01743 253008

For detailed local information, see cycle map of Telford and Wrekin 01952 202826

National Cycle Network

This route is part of the National Cycle Network, one of the award-winning projects coordinated by the charity Sustrans.

www.sustrans.org.uk

Sustrans 0845 113 0065

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The stuff of legends

The Wrekin is made of volcanic rock and rises to 400m in height. It has the remains of an Iron Age Hillfort on its summit, and evidence suggests it was an important focal point for our prehistoric ancestors.

Combine the quiet lanes of the Mercian Way (16 miles along National Cycle Route 45) with the disused railway paths of the Silkin Way (Route 55) and Perry Way (Route 81) and you have a 36 mile circuit.

Why not cycle around the famous Wrekin hill by following three sections of the award-winning National Cycle Network?



Going around the Wrekin



FREE



3 CYCLE MAP

MERCIAN WAY

Around the Wrekin



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Code of Conduct

- ⚡ Always follow the Highway Code
- ⚡ Be considerate to other users, and give way to pedestrians and horse riders
- ⚡ Take particular care at junctions, when cycling downhill and on loose surfaces
- ⚡ Ride in single file on narrow or busy roads
- ⚡ Consider wearing a helmet and high visibility clothing
- ⚡ Fit a bell and use it — don't surprise people



National Cycle Route 45
Around The Wrekin – 36 Miles • 58 km (*circuit*)

